

# Seedling Nursery

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## Nappy Changing Policy

This policy sets out the clear principles and guidance on supporting children's needs with specific reference to nappy changing. Please always bear in mind the quality of the child's experience during this intimate and special time.

### Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent whatever their age. We work with parents towards toilet training at the appropriate age, unless there are medical or other developmental reasons why this may not be appropriate at the time. We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Aims

The aims of this policy and associated guidance are:

To safeguard the rights and promote the welfare of children

To provide guidance and reassurance to staff who are required to change a child's nappy

To assure parents/carers that staff are knowledgeable about personal care and that their individual concerns are taken into account

To protect children from discrimination, and ensure inclusion for all Basic Principles

At Seedling Nursery we will bear in mind the following principles when nappy changing:

- Children have the right to feel safe and secure
- Children will be respected and valued as individuals
- Children have a right to privacy/dignity when staff are meeting their needs
- Children are supported in their understanding of toileting procedures so that they are led to independence

### Vulnerability to Abuse

We will ensure that all staff are familiar with our Safeguarding Children Policy and Procedures to develop children's resilience and to protect them from any form of abuse. It is important that children are changed in a reassuring and caring way by their key person or another member of staff they have a close relationship with, and it is important that we signal our intention to change a child's nappy and ask for the child's consent, as appropriate for their development. That means we do not give children the message that just anyone can pick them up, take them off and undress them.



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Staff should always change children when there is a colleague in the room. This is part of making sure we have a culture of open-ness which safeguards children and ensures all adults follow safe working practices. It is essential that if any member of staff has a concern about safe and appropriate nappy changing that they raise their concern immediately with the DSL.

## Working with Parents/Carers

We will work with parents when attending to nappy changing routines. Where parents are present, i.e. during the settling in period, they will be asked to change their own child's nappy. If a child has any disability or medical needs that may affect their personal care routine, a Health Care Plan will be drawn up in agreement with parents/carers.

Parents will be asked when their child first starts at the nursery whether or not their child has any special words/actions/particular needs during their nappy changing procedure

Any significant observations made during a nappy changing procedure will be notified to the parents at the end of the session (i.e. badly soiled nappy/strong urine etc.)

## Achieving Contenance

At Seedling Nursery we will encourage all our children to achieve continence when they exhibit signs that they are ready. In addition, key people ensure that nappy changing is relaxed and a time to promote independence in young children.

## Protection for Staff

We support a small team and therefore every team member builds good relationships with all the children. Protection being afforded to the single member of staff in the following ways: Staff will be trained in good working practices which comply with Health and Safety regulations as set out in our Health and Safety Policy.

Where staff are concerned about a child's actions or comments whilst carrying out the personal care procedure, this should be recorded and discussed with the lead for safeguarding immediately Risk Assessments will be carried out for Nappy Changing Procedures. Staff will be trained in the area of Intimate/personal care for children with specific needs and procedures for safe moving and handling Students will only change nappies, as part of their training, if they have developed a close and trusting relationship with the child and with the agreement of their supervisor/mentor. Agency staff will not change nappies unless employed as a key person on a long term basis.

## Nappy Changing Procedure


We will follow the Nappy changing Procedure below:

- Gather all the necessary items needed before each nappy change, for example, nappy, wipes, nappy sack, cream if necessary (where cream is used the child should have their own named cream and written permission obtained from the parent). We have a named basket for each child containing these items and spare clothes in case of accidents.
- Wipe down the blue mat with blue paper towel and defincant wipe



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- Gloves are provided if you wish to wear one. You should use a new set of gloves for each nappy change.
- Approach the child and say or sign that it's time for a nappy change. You may need to negotiate (e.g. "OK, I can see you're playing, but we need to change your nappy. We'll do it in 2 minutes"). You should never approach a child from behind, pick them up and take them for a nappy change.
- Place the child on a nappy changing mat or, if using steps, support the child if necessary to climb up the steps.
- Remove the child's clothing to access the nappy. Remove the nappy and place it inside the bin or in a nappy sack if soiled.
- If the child's clothes are soiled, they should be bagged separately and sent home.
- Using the wipes, clean the child from front to back and place the used wipes in the nappy bin.
- Put on a clean nappy and apply cream if necessary (see above).
- Dress the child.
- Help the child (over 2's) to wash their hands if necessary using liquid soap, warm water and paper towels.
- Wash your hands using liquid soap, warm water and paper towels.
- Take the child back to their activity.
- Return to the nappy changing area, clean the changing mat, surrounding area.

This policy was last updated	Signed on behalf of the nursery	Date for review
<i>January 2022</i>		<i>January 2023</i>